



VISC Training Programme



RYA Day Skipper

What is this course?

A course for aspiring skippers with some yachting experience and basic navigation and sailing skills. Learn to skipper a short passage with the instructor on hand to give advice and encouragement and ensure your safety. Experience being in charge, taking credit when it all goes well and being responsible when it doesn't.

Course pre-requirements

Before this course, the expected level of ability includes:

- 5 days, 100 miles, 4-night hours on board a sailing yacht
- theory knowledge to the level of Day Skipper ('DS shore-based theory course is strongly advised – read below)
- NOTE: properly recorded logging of experience is ESSENTIAL!

Course contents

Preparation for sea, deck work, navigation, pilotage, meteorology, rules of the road, maintenance and repair work, engines, victualling, emergency situations, yacht handling under power, yacht handling under sail, passage making, night cruising.

Ability after completion

Personally, and safely skipper a yacht with passengers/crew yacht (not for commercial use), manage your crew efficiently for basic daytime inshore/coastal passages, safely manage your yacht.

This RYA Day Skipper is also ICC equivalent.

Course duration: 5 days

Learn to sail in the warmth of the Mediterranean Sea:

The Vienna International Sailing Club is affiliated with the RYA and we offer our members and beginners training courses in dinghy sailing, yacht charter opportunities and team racing participation. We will gladly arrange overseas training courses in **Greece** and **Croatia** for our members.

Additionally, we suggest progressing through the RYA scheme, we can further advise on obtaining your shore-based theory (classroom or online) courses, which are strongly advised in order to progress through the RYA scheme.

RYA Day Skipper Theory-details

A comprehensive introduction to cruising for inexperienced skippers. This course equips you with enough knowledge to navigate around familiar waters by day. A basic knowledge of lights is also included to introduce you to night cruising.

The RYA are continually updating their courses to take into account developments in technology and the electronic navigation aids now available on most cruising boats.

In conjunction with the UK Hydrographic office, they have developed a chart plotter specifically for use on training courses, giving you a realistic insight into electronic navigation. Use of this plotter is an integral part of our Day Skipper shore-based course.

They have northern and southern hemisphere versions of our training materials. So, no matter where you are in the world, the course can be tailored to you.

The course is taught over 40 hours with two exam papers. It can be covered as a series of short sessions, as an intensive week-long course, or by distance learning online.

Course topics include

- the basics of seamanship
- the essentials of coastal navigation and pilotage
- chartwork
- electronic charts
- position fixing
- plotting a course to steer
- weather forecasting and meteorology
- tides
- collision regulations
- construction, parts and equipment of a cruising boat
- emergency and safety procedures including distress calls, use of flares, safety harnesses, lifejackets and liferafts

RYA courses available:

Start Yachting, Competent Crew, Day Skipper, ICC, Coastal Skipper